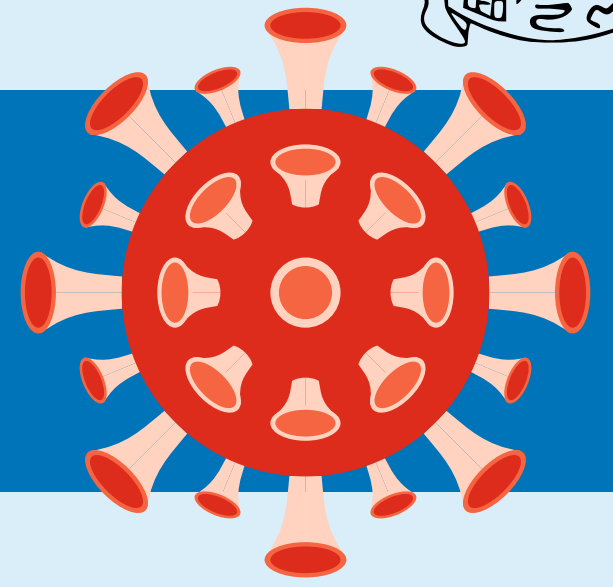


YOU CAN STOP THE SPREAD OF CORONA VIRUS



Do's

- Practice frequent hand washing with soap and water or use alcohol based hand rub
- Cover your nose and mouth with handkerchief/tissue while sneezing or coughing
- Throw used tissues into closed bins immediately after use
- Stay at home if you are sick
- Consult a doctor if you feel unwell Use mask/cloth while visiting doctor
- If you have flu like signs/symptoms please call State helpline number

Don'ts

- Do not shake hands with anyone
- Do not spit in public
- Do not participate in large gatherings
- Do not touch your eyes, nose and mouth frequently



For further information: Contact Ministry of Health and Family Welfare, Govt's
24 X 7 control room number: 011-2397 8046
or State Helpline Number: 3852411668 | Email at: ncov2019@gmail.com

