# 2018 CALENDAR

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Parents can play a key role in improving family nutrition. USAID's Suaahara II program works with fathers and grandfathers to help promote better family nutrition.

Photo : Rocky Prajapati for USAID's Suaahara II program

# JANUARY 2018

#### प्स/माघ २०७४

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Ever since she was born,
Manju Lawat from Dadeldhura
suffered from foot problems
that often prevented her from
going to school. USAID's
Strengthening Rehabilitation in
District Environments project
fitted her with her first
prosthetic device three years
ago, and after a successful
rehabilitation process Manju
returned to school.

Photo: Ritesh Rajbhandari for Handicap International

### FEBRUARY 2018

#### माघ/फाल्गण २०७४

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With most men in her village working abroad, USAID supported Punu Tamang and other women farmers in Sindhupalchowk to grow vegetables year round using tunnel farming technology. As a result, Punu now is able to grow enough vegetables to feed her family and also sell the surplus produce to support her son's education.

Photo : Moon Pradhan for Save the Children Nepal

### **MARCH 2018**

### फाल्गुण/चैत्र २०७४

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Parbati Saud, 19, is a teacher at Shree Nava Jyoti Lower Secondary School in Kanchanpur. She is also an alumna of the USAID STOP Girl Trafficking program, which enabled her to achieve her dream of receiving a higher education and supporting young girls in completing their education.

Photo: Rural Health and Education Service Trust

### **APRIL 2018**

### चैत्र/बैशाख २०७४/७५

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Jaumati Devi Oli, a self-proclaimed farmer's daughter, used to only plant rice, maize, and millet-crops vulnerable to drought, pests, and disease. Through USAID's Promoting Agriculture, Health, and Alternative Livelihoods project, she now grows a variety of vegetables that are both a critical source of nutrition for her community and enable her to earn more money.

Photo : Emilie Rex for Mercy Corps

### MAY 2018

### बैशाख/जेठ २०७५

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Trainees in Nuwakot district learn how to properly install sill bands during a USAID Baliyo Ghar mason certification course, which provides a combination of theoretical and practical classes on earthquakeresistant construction techniques. Upon graduating, these masons will join more than 12,000 construction professionals trained by USAID programs to rebuild homes and other structures destroyed by the 2015 earthquake using safe building practices.

Photo : National Society for Earthquake Technology - Nepal

# **JUNE 2018**

#### जेठ/असार २०७५

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Sabitra Khadka teaches rural women in Raatmatey, Nuwakot about health, hygiene, family planning, the importance of antenatal check-ups, giving birth in health facilities, and early detection and treatment of women's health issues.

Photo : Jessica Scranton for Nepal CRS Company

# **JULY 2018**

#### असार/श्रावण २०७४

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First graders from Bhaktapur use basic beginner readers to help them learn to read in Nepali. USAID contributes directly to Nepal's National Early Grade Reading Program by developing evidenced-based learning and teaching materials to help children read fluently in Nepali, building a strong foundation to help them succeed in their studies.

Photo : Early Grade Reading Program/RTI International

### AUGUST 2018

#### श्रावण/भाद्र २०७५

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Tara Khanal and her husband Chet Narayan Acharya started Modern AgroTech in Nepalgunj seven years ago. USAID's KISAN project helped their company adopt new agricultural technologies, such as modernized machinery and equipment, and employ better financial management and business planning processes. As a result, their sales increased tenfold in the past two years.

Photo: Winrock International

### SEPTEMBER 2018

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<sup>2</sup> Krishna Ashtami 3 Labor Day 15 International Day of Democracy 22 World Rhino Day 27 World Tourism Day

<sup>8</sup> First Aid Day/International Literacy Day/ First Aid Day 19 Nepal Constitution Day (National Day)

<sup>21</sup> International Day of Peace

<sup>12</sup> Haritalika Teej





Citizens practice marking their ballots in Saptari District as Nepal geared up for its first local elections in 20 years. In 2017, USAID's voter education programs helped more than 290,000 citizens to understand voting procedures to prevent their valuable votes from being disqualified and to ensure citizens were able to vote for their preferred candidates and parties.

Photo :The International Foundation for Electoral Systems

### OCTOBER 2018

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<sup>2</sup> International Day of Nonviolence 5 World Teachers' Day 15 International Day of Rural Women/Global Hand Washing Day

<sup>8</sup> Columbus Day 13 International Day for Disaster Reduction 16 Phulpati (Dashain)/World Food Day

<sup>17</sup> Astami (Dashain)/ International Day for the Eradication of Poverty

<sup>18</sup> Nawami (Dashain) 19 Dashami (Dashain)





Members of a community forest protection group plant seedlings at their nursery in Amaltari, Nawalparasi. USAID's Hariyo Ban program has been instrumental in establishing nurseries like this, where seedlings are nurtured until they become saplings and help to restore critical habitats within protected areas.

Photo: Karine Aigner for World Wildlife Fund-US

### **NOVEMBER 2018**

### कार्तिक/मंसिर २०७५

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Kathmandu University's
Dr. Ram Devi Tachamo and
her team of researchers, a
partner of USAID's Digo Jal
Bikas project, collecting insect
samples from a river in the
Far West region of Nepal.
The data generated from such
research is assisting experts
in determining the ecological
health of rivers and making
informed decisions around
water management in Nepal.

Photo :Andrew Reckers for International Water Management Institute

### DECEMBER 2018

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Gender equality and social inclusion remains an integral cross-cutting goal for USAID. In Nepal, our efforts have successfully established lasting partnerships among local communities, local leaders, and government officials to fight stigma that affects traditionally marginalized communities. Here a Dalit community once branded as untouchable now shares the same communal tap with non-Dalits in Ranibas of Sindhuli district.

Photo: The Asia Foundation

# JANUARY 2019

### पुस/माघ २०७५

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# 2019 CALENDAR

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12	13	14	15	16	17	18	9	10		12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17
19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24
26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30	31
		SEPT	EMBER	2019				OCTOBER 2019							NOVEMBER 2019						DECEMBER 2019						
SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT
I	2	3	4	5	6	7			-	2	3	4	5						I	2	1	2	3	4	5	6	7
8	9	10	11	12	13	14	6	7	8	9	10	$\Box$	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14
15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21
22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28
29	30						27	28	29	30	31			24	25	26	27	28	29	30	29	30	31				